Your vision board

Year _____

One panel per life area: glue or draw a picture, write the goal, the obstacle and your if-then plan, then fill a dot each day you act.

LIFE AREA _____

your picture

GOAL

OBSTACLE

IF-THEN PLAN

M T W T F S S

LIFE AREA _____

your picture

GOAL

OBSTACLE

IF-THEN PLAN

M T W T F S S

LIFE AREA _____

your picture

GOAL

OBSTACLE

IF-THEN PLAN

M T W T F S S

LIFE AREA _____

your picture

GOAL

OBSTACLE

IF-THEN PLAN

M T W T F S S

LIFE AREA _____

your picture

GOAL

OBSTACLE

IF-THEN PLAN

M T W T F S S

LIFE AREA _____

your picture

GOAL

OBSTACLE

IF-THEN PLAN

M T W T F S S